

Shanika Ampah



Dr. Shanika Ampah is a mother, nurse, wife, and advocate. In 2020 she received an Honorary Doctoral Degree from Trinity Theological Seminary of South Florida for her contribution in making society a better place and serving those in need. She is currently employed as a Nurse Outreach Coordinator at the University of Miami T.H.R.I.V.E Clinic where she gets to help patients who have survived human trafficking. She has also worked years at Kristi House (Project Gold) as a survivor leader. She is living life full circle by using her life's experiences and career to help others. Shanika describes this as a marriage between her career and purpose.

Dr. Ampah is also a survivor of childhood sexual abuse and human trafficking. As the founder of Guiding Light Outreach Inc., (a nonprofit that serves the community as a beacon of light to address social issues and traumatic events such as sexual assault and human trafficking) she strives to create better communities from what she remembers as a sexually exploited child. She identifies unaddressed trauma as doorways to vulnerabilities. She explains that vulnerabilities can lead to further victimization and social issues. By speaking out she believes others will seek help and should be given the resources and support needed to be healed holistically.

Dr. Ampah is an alumna of the National Human Trafficking Training and Assistance Center (NHTTAC) and graduated from the Human Trafficking Leadership Academy. As she continues to acquire certifications and awards, she understands that her voice of influence will help bring systemic and policy change. Her vision is that through prevention measures, awareness, and trainings we can lead a fight against childhood sexual abuse and human trafficking. As a public speaker she delivers empowering and informative speeches nationally and internationally. She enjoys training the community.

Dr. Ampah uses what happened to her to equip her for this journey as an overcomer and warrior.

This little light of mine, I am going to let it shine so that others can find their way out of darkness. Together we set ablaze a pathway of change. - Shanika Ampah, LPN