

LAURENIA FAHIE

PROFESSIONAL BIOGRAPHY

Laurenia Fahie is an established law enforcement veteran who has made it her mission to challenge the narrative around the need for mental health in policing. She has 27 years of experience and is a professional licensed mental health counselor with a background in crisis intervention, policing environment and community engagement.

In 2016 Laurenia attended Trinity International University and graduated Summa Cum Laude with a Masters Degree in Counseling Psychology. Laurenia is currently a Licensed Clinician specializing in service to first responders and their loved ones.

Her clients and audiences alike appreciate Laurenia's uncanny ability to relay practical concepts and strategies that they can apply to their personal and professional lives. Various recognizable and important organizations have invited her to share her expertise and insights, such as The Urban League of Broward County, the Miramar Police Department, the Department of Juvenile Justice, Fort Lauderdale Police Department, Pace Center for Girls, among a number of other institutions within the Broward County School District.

Laurenia is also the Founder and CEO of Strategy Sessions LLC, another avenue she uses to promote the premise that life is not a spectator sport and should be lived intentionally. Her life and professional work is guided by the words of Mahatma Ghandi who once said, "Be the change you want to see in the world."

Laurenia currently resides in Miramar, Florida. When not serving her community, clients or attending speaking engagements, Laurenia can be found playing basketball with her two sons, Eldred and Myles. She also loves attending reggae festivals, dancing and experimenting with innovative ways to make quick nutritious meals.